

Year 3 PSHCE Overview

Autumn 1- Our School

This topic looks at what rules help our school to run smoothly. It helps the children to realise that they are all special and have individual gifts and talents. It also highlights the importance of children being able to work together in school to help everyone to get along.

Autumn 2- Getting Along

Here the children look at the skills needed to get along with each other for example how to keep calm when you fall out with friends and what to do if they feel like they are being bullied. It also looks at what an emergency is, what to do in an emergency and how to keep safe on the internet.

Spring 1- My Family

This topic helps the children to appreciate that everyone's families are different. It looks at the basic differences between males and females and discusses with the children that there are acceptable and unacceptable forms of touch and contact with adults depending on who they are and the relationship that we have with them. It discusses with the children that all people are comfortable with different amounts of contact with other people and it is ok to tell someone if you don't want them to be in contact with you.

Spring 2- It's Good To Be Me

This topic explores the fact all of the children are individual and have achieved many things in their lives that they should be proud of. It explores different feelings and discusses the importance of the children being able to stand up for themselves.

Summer 1- Looking After Each Other

In the summer the children look at what a responsibility is and the importance of making wise choices. It looks at the feeling of loss and the importance of looking after each other. It looks at many of us have worries and what to do to help us to deal with them to help us to cope.

Summer 2- Going For Goals

Here the children look at the range of jobs that they might help with at home and school. They look at the role of the school council and how this is similar to our local government. It looks at the process of democracy and how both individuals and groups of people can make a difference in the world.